

ReFit – the ultimate solution for loose skin after excessive weight loss combining skin tightening and contouring capabilities.

Weight loss comes via many roads: diet, exercise, surgical and aesthetic interventions such as liposuction, laser-lipolysis, cavitation-ultrasound, and childbirth. When that journey is fast, and the amount of weight lost is extreme, the end results are not always to a patient's liking and satisfaction. In fact, massive folds of redundant, loose, sagging skin and stretch marks remain reminders of the past.

ReFit, a non-invasive body contouring treatment developed by Viora, provides a solution for patients to attain their desired goal and destination.



Stretch Marks



Contouring



Skin Tightening



P/N MK-078



### About Viora

Viora is a market leader in the development of technologically advanced medical aesthetics systems for physicians and aesthetic clinicians worldwide. Dedicated to the research and development of safe & effective aesthetic solutions, Viora provides the highest standard of professional solutions while keeping your business in mind.

Visit us at [www.vioramed.com](http://www.vioramed.com).

# ReFit

completing  
the weight loss  
journey

## The Journey

### > At the Start Line

After losing weight, while the underlying fat cells have decreased in volume, the skin, formerly expanded and remodulated to accommodate excess fat, contains a high amount of cross-linked collagen and remains enlarged, leading to massive folds and stretch marks. These symptoms are escalated when weight loss is rapid, and can be the source of great discomfort, unattractive appearance, cause hygienic problems and skin irritation.

### >> The Available Paths

Until recently, surgery was the sole way to address redundant skin. Tummy tucks or abdominoplasty offer a body contouring solution but as with any surgical procedure, there are risks and complications. Patients need to factor in the potential side effects, as well as costs and necessary down-time required for these operations.

The ReFit concept takes patients down a different road – a non-invasive solution, which is simple to implement, safe for the patient with no down-time or anesthesia needed. While several treatments are required, clients prefer the ease and comfort of non-invasive solutions.

### >>> The ReFit Drive

ReFit treatments are powered by Reaction™, Viora's leading RF body contouring device. Utilizing Reaction's CORE™ technology (three different frequency modes, and a fourth mode channeling all three frequencies into one pulse), the skin's underlying network of collagen and elastin fibers is gently heated. This action causes the fibers to shrink, restoring the skin's elasticity.

Incorporating vacuum therapy with CORE™ ensures maximum depth of the frequencies, enabling fast and effective treatments.

## The Driver's Seat - ReFit Case Studies

### Patient E.G.

Following a weight loss of 52kg, E.G., a 33 year old woman who was a recent finalist of Israel's *The Biggest Loser*, underwent only four treatments to achieve significant results. Using the standard ReFit protocol for 20 minutes per session, E.G. was able to already achieve a tightening of the skin tissue in the abdomen area.



*“ I was hoping for some improvement in my sagging skin on my stomach and arms but the results are more than I've hoped for! My skin immediately turns red but after an hour all the redness disappears. There's no pain at all. These treatments, following The Biggest Loser experience have made a huge difference in how I think about myself. I no longer see myself as overweight and it's great to see myself in the mirror! ”*

### Patient E.M.

Patient E.M., a 27 year old male, lost over 50kg in 12 months due to diet and exercise. Due to the rapid and extreme amount of weight lost, he was left with loose and sagging skin on his abdomen. Following eight, 20-minute weekly ReFit treatments with the Reaction™ BC-applicator, results showed a dramatic improvement in E.M.'s lax, sagging skin on the abdomen.



*“ The procedure was a complete success and without question, I would recommend the ReFit procedure – I think many people who lose a lot of weight have the same issues to deal with as I did and it's an incredible boost to so dramatically change the way you look. ”*

## ReFit - A Perfect Merge

ReFit is the perfect complement to other medical aesthetic procedures, such as liposuction, laser lipolysis, and cavitation-ultrasound. As with any sudden fat reduction technique, the patient's skin does not quickly remodulate after expanding to accommodate existing fat, as well as having lost elasticity and forming rigid links of collagen. And if extreme amounts of fat were addressed, the skin might never recover its original smoothness and tightness. The ability to offer ReFit treatments following these procedures takes your patients to their desired destination.



Photo courtesy of Dr. Edward Krulig, Spain. Following laser lipolysis treatment, the patient underwent one ReFit treatment to tighten sagging skin.

*“ One of my patients had traditional liposuction done at another office. She came to me because she was dissatisfied with her skin after the procedure, which was irregular and lax. After undergoing five ReFit treatments on the neck she is very happy. ”*

Stanley Kovak, M.D.,  
Kovak Laser Institute in Oakbrook Terrace, Ill.



ReFit - available exclusively with Reaction™

The number of treatment sessions required, and final results, vary per patient.